



After your COVID-19 Vaccine Janssen

Thank you for protecting yourself and others by getting the vaccine. Now that you have had your vaccine, we ask you to read this document carefully, so you know how you can expect to feel in the next few days and where to get more information.

Do read the COVID-19 vaccine information leaflet we gave you about the vaccine too.

We are also giving you a record of your vaccination today.

Please keep the record card safe.

What might happen in the next few days?

Some people who got the vaccine that you got today will:

- have swelling, redness and/or pain in the arm where they had the vaccine injection
- feel tired
- get a headache
- have a cough
- have muscle pain
- have joint pain
- have nausea
- get a fever (temperature of 38 degrees Celsius or above).

There have been very rare cases of unusual blood clots with low platelets in the blood in the first few weeks after vaccination. Platelets help the blood to clot.

You should seek prompt medical assistance and mention your recent vaccination if you:

- are breathless
- have pain in the chest or stomach
- have swelling or coldness in a leg
- get a severe or worsening headache (particularly 3 or more days after the vaccine)
- have blurred vision, confusion or seizures
- have persistent bleeding under the skin where there was no previous injury
- have many small bruises, reddish or purplish spots, or blood blisters under the skin.

As with all vaccines, you can report suspected side effects to the Health Products Regulatory Authority (HPRA).

To report side effects to a COVID-19 vaccine, please visit www.hpra.ie/report

What if I have a fever or have aches and pains?

If you have a fever or you have aches and pains, you can take paracetamol or ibuprofen to help. However, if your fever lasts more than 48 hours or if you are still concerned, please seek medical advice.

The good news

Getting a COVID-19 vaccine should protect you from the serious complications of COVID-19.

Vaccines teach your immune system to protect you from diseases. It is much safer for your immune system to learn this through vaccination than by getting COVID-19.

We are still learning

It takes 14 days after getting your vaccine for it to work.

There is a chance you might still get COVID-19 even if you have the vaccine.

We do not know yet if having the vaccine stops you spreading the virus to others, so you must continue to follow public health advice:

- follow social distancing guidelines (keep two metres apart from others where possible)
- wear a face covering
- wash your hands regularly.

Have a question?

If you are unsure about anything, or have any questions about the COVID-19 vaccine please ask your vaccinator today.

Visit www.hse.ie/covid19vaccine for more information on the COVID-19 vaccine.

Side Effects

Please report any side effects to the HPRA at www.hpra.ie/report

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