

# Chela-Mag B6



food supplement

## MAGNESIUM OF THE NEW GENERATION

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**Chela-Mag B6®** is a food supplement which contains a highly-absorbable magnesium formula in the form of Albical™ amino acid chelate (magnesium bisglycinate) enriched with vitamin B6, which cooperates with magnesium in metabolic processes.

#### Scientific research has proven that magnesium :

- helps in the proper functioning of muscles
- along with **vitamin B6** it is help in the proper functioning of the nervous system and maintaining proper psychological functions, as well as for the reduction of tiredness and fatigue
- help in maintaining healthy bones and teeth
- help in maintaining electrolyte balance
- help in the proper energy metabolism and helps in proper protein synthesis.

**Magnesium amino acid chelate by Albion® is fully hypoallergenic (US patent no. 7,838,042), which is crucial for the supplement's safety.**

Scientific research has confirmed that magnesium amino acid chelate by Albion® has an advantage over non-organic sources of the element.

#### In vitro research

Magnesium assimilability from bisglycinate is several times higher than from non-organic compounds such as oxide, sulphate and carbonate.



## Składniki

Nutrition information	1 capsule
Magnesium	100 mg (27%*)
Vit. B6	2,1 mg (150%*)

\*NRV - nutrient reference value

**Ingredients:** magnesium amino acid chelate Albion®, vitamin B6 (pyridoxine hydrochloride), magnesium stearate - anticaking agent, capsule (gelatin, colour: E171).

## Zastosowanie

Who is Chela-Mag B6® recommended for?

People especially exposed to magnesium deficiency in the body.

## Dawkowanie

**Recommended use:** It is best to use the supplement in the amount of 1 capsule a day after a chosen meal.

*Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet.*

*A varied and balanced diet and a healthy lifestyle are recommended.*

*Keep out of reach of children.*