

Gold Ginseng complex



food supplement

Gold Ginseng Complex is composed of high quality extracts from three species of ginseng: Korean Panax ginseng *Panax quinquefolius* standardised for the content of ginsenosides, and *Eleutherococcus senticosus* standardised for the content of eleutherosides. Additionally, the product contains highly assimilable magnesium, and also black pepper extract - Bioperine®.

Scientific research has proven that ginseng (*Panax ginseng*):

- has a favourable effect in the case of fatigue and weariness
- helps to maintain appropriate physical fitness
- improves concentration, coordination, and alertness of the organism
- supports the functioning of the immune system
- positively affects sexual performance
- takes part in the maintenance of the organism's vitality

Moreover, Syberian ginseng (*Eleutherococcus senticosus*) contained in the product:

- works well for the condition of weakness, and strain of the organism, and supports its strengthening,
- helps in correcting blood circulation, which influences proper brain functioning,
- aids mental and cognitive activity.

Magnesium assists in sustaining normal psychological functions, correct functioning of the nervous system and contributes to a decrease in fatigue and weariness.

Black pepper extract helps as an absorption of nutritious ingredients; it helps to maintain correct functioning of the digestive system and increases the efficiency of other herbal ingredients.

Składniki

Nutrition information	1 tablet
Korean ginseng extract (<i>Korean Panax ginseng</i>)	200 mg
American ginseng extract (<i>Panax quinquefolius</i>)	200 mg
Syberian ginseng extract (<i>Eleutherococcus senticosus</i>) 0,8% eleuterozydów	100 mg
Black pepper extract Bioperine®	3 mg
Magnesium	56,3 mg (15%*)

*NRV - nutrient reference value

Ingredients: magnesium malate, bulking agent - microcrystalline cellulose, Korean ginseng extract (*Korean Panax ginseng*), American ginseng extract (*Panax quinquefolius*), Syberian ginseng extract (*Eleutherococcus senticosus*), bulking agent - cross-linked sodium carboxymethylcellulose, glazing agents - polyvinyl alcohol, polyethylene glycol, talc, potassium aluminium silicate, polyoxyethylene sorbitan monooleate; anti-caking substances - silicon dioxide, magnesium salts of fatty acids; black pepper extract Bioperine®, dyes - titanium dioxide, iron oxide.

Zastosowanie

Application: the product is intended for the adults aiming to maintain an appropriate physical fitness and mental ability and decrease in fatigue and weariness. It is recommended in particular for middle-aged and elderly people who perform strenuous physical and mental work, as well as athletes.

Warning: the product is not recommended during pregnancy and breastfeeding, or in the case of hypersensitivity to any of its ingredients. In the case of high blood pressure or taking medicines including those without prescription e.g. acetyl salicylate, it is recommended to consult a doctor before using this medicine.

Dawkowanie

Purpose: 1 capsule daily or otherwise after consultation with your doctor.

Do not exceed the recommended daily dose.

Food supplements should not be used as a substitute for a varied and balanced diet.

A varied and balanced diet and a healthy lifestyle are recommended.

Keep out of reach of children. Unopened, kept in dry and cool place, best before: see left side of packaging.

Walden Labs